

# Water Energy Hygiene®

Why the complete quality and exposure history of water deserve attention - from source to people, plants and aquaculture

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**THE PUBLIC-HEALTH CONTEXT.** Safe drinking water, sanitation, hydration and responsible water management are established foundations of health, agriculture and aquaculture. Water Energy Hygiene asks an additional research question without replacing any recognised safety standard.

## Water is a bridge across the framework

Water reaches people directly through drinking and indirectly through crops, food, fish and other edible aquatic organisms. Before use, it carries a history of source, treatment, storage, container, time and surrounding conditions.

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| <b>PILLAR 1</b><br><b>ENVIRONMENTAL ENERGY HYGIENE</b><br>Earth, water sources, structures, objects and surroundings | <b>PILLAR 2</b><br><b>PERSONAL ENERGY HYGIENE</b><br>The individual's proposed adaptive-energy condition | <b>PILLAR 3</b><br><b>LIFESTYLE ENERGY HYGIENE</b><br>Water, nutrition, sleep, activity and constructive habits |
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**THE CROSS-CUTTING LINK.** Water Energy Hygiene is not a fourth pillar. It connects Environmental Energy Hygiene with water and nutrition in Lifestyle Energy Hygiene, and with the plant-food pathway studied in AHEH.

## THE FOUNDATION'S PROPOSED OPERATIONAL RESEARCH MAP

|                                                     |                                                                  |                                                     |
|-----------------------------------------------------|------------------------------------------------------------------|-----------------------------------------------------|
| <b>BELOW 400 Hz</b><br><b>PROPOSED NON-ADAPTIVE</b> | <b>400-752 Hz INCLUSIVE</b><br><b>PROPOSED ADAPTIVE INTERVAL</b> | <b>ABOVE 752 Hz</b><br><b>PROPOSED NON-ADAPTIVE</b> |
|-----------------------------------------------------|------------------------------------------------------------------|-----------------------------------------------------|

**A reduced response at a nominated setting inside 400-752 Hz is recorded as a within-band deficit.**

**IMPORTANT BOUNDARY.** These are Foundation-defined, operator-mediated assessment classifications. They are not established biological limits, measured emissions from water or the environment, proof of harm, or a water-quality certification. Conventional microbiological, chemical, mineral and toxicological safety remains primary.

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| <br><b>DIRECT INTAKE</b><br>Water → Human | <br><b>PLANT &amp; FOOD PATH</b><br>Water → Plant → Food → Human | <br><b>AQUACULTURE PATH</b><br>Water → Aquatic Food → Human |
|------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|

*One medium, three routes: the research question follows water from its exposure history to measurable biological and production outcomes.*

# What should receive attention? 1-4

Water should be understood as a complete pathway. Each stage has recognised quality measures and a separate investigational question.



## 1 SOURCE / EARTH & MINERAL ENVIRONMENT

**Established attention:** Identify the source and examine geology, minerals, dissolved substances, pH, salinity, contaminants and seasonal variation.

**Investigational question:** Can coded source locations show repeatable within-band, deficit or outside-band classifications after conventional differences are controlled?



## 2 TREATMENT & DISINFECTION

**Established attention:** Document filtration, reverse osmosis, mineral adjustment, boiling, chlorination, ozone, UV and other processes. Treatment needed for safety must never be reduced on the basis of an investigational reading.

**Investigational question:** Do same-batch untreated, sham and differently treated samples show reproducible assessment differences while recognised water-quality parameters remain equivalent?



## 3 STORAGE, CONTAINER & TIME

**Established attention:** Record bottle, tank, pipe or vessel material; duration; temperature; light; sealing; cleaning; transport and handling.

**Investigational question:** If a response is recorded, does it persist, weaken, disappear or change after transfer between containers or storage over time?



## 4 SURROUNDINGS & DEFINED EXPOSURE

**Established attention:** Log nearby Earth conditions, structures, objects, equipment, people, heat, light, sound and vibration so they are not hidden variables.

**Investigational question:** After exposure to selected settings within 400-752 Hz - and matched sham, off-target, below-400 or above-752 comparisons - are any changes repeatable and independently detectable?

**SAFETY FIRST.** An investigational classification must never be used to declare unsafe water safe, to reject necessary disinfection, or to replace accredited laboratory testing and applicable drinking-water or aquaculture standards.

# What should receive attention? 5-7

Aura Research Foundation reports the following preliminary observations. The photographs are explanatory illustrations, not study records or proof of outcome.



## 5 DIRECT INTAKE: WATER TO HUMAN

**SOURCE → TREATMENT → STORAGE → DRINKING WATER → HUMAN**

**Foundation observation:** Selected water exposed to proposed adaptive settings reportedly showed an increased measured water field response. Intake was followed by a short-term increase in measured human AURA / adaptive-field response. Selected UV-disinfected mineral-water samples assessed by the Foundation were classified as non-adaptive-associated; intake was followed by a lower short-term response. This sample observation does not imply that UV disinfection is unsafe.

**Next controlled test:** Coded same-batch samples; sham and off-target controls; standard intake volume; before/after time points; conventional water analysis; blinded assessment; ethics oversight.



## 6 WATER TO PLANT TO FOOD TO HUMAN

**WATER → SOIL & SEED → PLANT → HARVESTED FOOD → HUMAN**

**Foundation observation:** Selected adaptive-frequency-conditioned irrigation water was reportedly followed by increased measured plant adaptive response and, in related AHEH observations, differences in germination, plant output and harvested-food profiles. Selected food comparisons were followed by short-term differences in measured human response.

**Next controlled test:** Randomised plots; identical seed lots and agronomy; water-quality equivalence; yield, physiology, composition and food-safety outcomes; traceability; blinded human pilot only after plant evidence is established.



## 7 WATER TO AQUACULTURE TO FISH / AQUATIC FOOD TO HUMAN

**WATER → POND / TANK → FISH OR AQUATIC ORGANISM → FOOD → HUMAN**

**Foundation observation:** In preliminary Foundation work, selected adaptive-frequency support applied within an aquaculture setting was associated with a change, including reported improvement, in aquaculture output. The exact contribution of water response, husbandry, environment and other variables has not been established.

**Next controlled test:** Matched ponds or tanks; species and stocking controls; feed and husbandry logs; dissolved oxygen, pH, temperature, salinity, ammonia and health monitoring; pre-defined growth, survival, feed-conversion and biomass outcomes; independent replication.

**DO NOT OVER-INTERPRET THE PATHWAYS.** These observations do not establish improved nutrition, superior food, disease prevention, treatment, “water memory,” or a causal transfer of frequencies from water to humans. They define questions for controlled research.

|                            |                             |                           |                               |                                |
|----------------------------|-----------------------------|---------------------------|-------------------------------|--------------------------------|
| <b>1</b><br>SOURCE & BATCH | <b>2</b><br>EXPOSURE & TIME | <b>3</b><br>WATER QUALITY | <b>4</b><br>BIOLOGICAL OUTPUT | <b>5</b><br>SAFETY & FOLLOW-UP |
|----------------------------|-----------------------------|---------------------------|-------------------------------|--------------------------------|

*Use coded samples, a documented chain of custody and pre-defined outcomes before any comparison is made.*

## FOUNDATION OBSERVATIONS AND THE WORK AHEAD

# From observation to independent testing

The Foundation's observations are a starting register, not a final conclusion. Each claim must be converted into a pre-defined protocol that permits positive, negative, mixed or null results.

|                                                                                                                                                                                                |                                                                                                                                                                                                     |
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| <b>WATER RESPONSE</b><br>Selected defined exposures were followed by different operator-mediated water-field classifications.                                                                  | <b>DIRECT HUMAN RESPONSE</b><br>Different selected water conditions were followed by short-term differences in measured human AURA / adaptive-field response.                                       |
| <b>PLANT &amp; FOOD ROUTE</b><br>Conditioned irrigation water and selected agricultural systems were followed by differences in plant, output, food-profile and short-term human observations. | <b>AQUACULTURE ROUTE</b><br>Selected adaptive-frequency support was associated with a reported change, including improvement, in aquaculture output; objective endpoints remain to be standardised. |

## How collaboration can test the idea

|                                                                                           |                                                                                          |                                                                                                   |                                                                                          |
|-------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| <b>1 COMPARE</b><br>Untreated, sham, adaptive-conditioned and defined comparison samples. | <b>2 BLIND</b><br>Code samples and separate conditioning, assessment and analysis roles. | <b>3 MEASURE</b><br>Pair Foundation readings with recognised water, crop, fish and food outcomes. | <b>4 REPLICATE</b><br>Repeat across time, operators, sites and independent institutions. |
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## Priority work packages

- **WP1 - Measurement science:** Qualify OMRDA / Universal Aura Scanner procedures, operator effects, repeatability and inter-operator reliability.
- **WP2 - Water exposure & retention:** Characterise same-batch samples, exposure dose, time, container transfer, persistence and decay beside conventional water parameters.
- **WP3 - Plant, food & aquaculture:** Run controlled crop and pond/tank studies with pre-registered biological, safety, quality and output endpoints.
- **WP4 - Human & multicentre translation:** Proceed to ethics-approved intake studies only after measurement and biological protocols are stable; invite independent replication.

**COLLABORATION INVITATION.** Aura Research Foundation welcomes universities and institutions in water science, analytical chemistry, agriculture and horticulture, fisheries and aquaculture, food and nutrition, physiology, biophysics, measurement science and statistics.

## A Beginning, Not the End

Water links Earth, living systems and daily human life. The responsible next step is not wider assertion, but transparent protocols, recognised measurements, careful boundaries and independent testing.

**RESEARCH STATUS.** The proposed 400-752 Hz interval, adaptive / non-adaptive classifications, operator-mediated measurements and water-to-biological response pathways remain investigational. This brochure is for awareness and collaboration. It does not provide medical, drinking-water treatment, agricultural, aquaculture, food-safety or nutritional advice.

*Established reference frame: World Health Organization, Guidelines for Drinking-water Quality (2026); FAO, Environment and Fish Health: Water Quality for Aquaculture.*

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